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# RISKS AND BENEFITS OF REDUCING OZONE EXPOSURE AFTER RE- EVALUATING A RECENT CHAMBER STUDY

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# Background

- NAAQS are set based on small percentage differences in pulmonary function tests conducted in chamber studies
- All such tests assume that data are fixed, with no within-person variability.
  - Within-person inter-test variability is a known phenomenon and is sometimes subjected to statistical control
  - Within-person intra-test variability is a known phenomenon and is ignored
- Failure to account for within-person variability in established test protocols may generate measurement error
- Measurement error is potentially large relative to changes described as statistically significant and deemed biologically meaningful

# Background....link to benefit-cost analysis

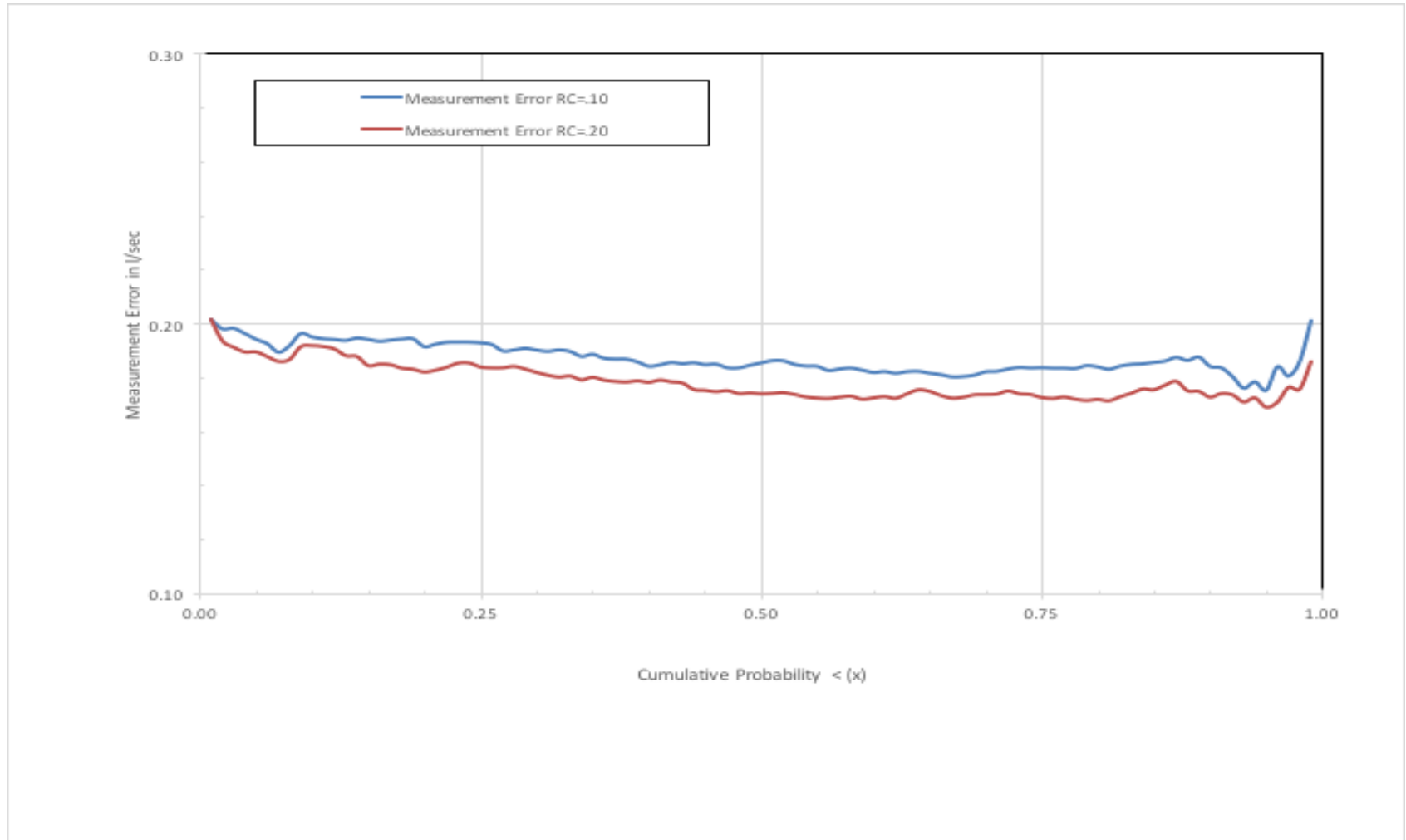
- The O<sub>3</sub> NAAQS benefit-cost analysis is based on epidemiological endpoints for which reduced FEV<sub>1</sub> are essential prerequisites
  - e.g., asthma hospitalizations, asthma exacerbation
- The key evidence for FEV<sub>1</sub> reduction is a human chamber study by Schelegle et al. 2009
  - 8-hour average 70 ppb O<sub>3</sub> reported to induce statistically significant FEV<sub>1</sub> decrements in healthy young adults
- Estimated benefits from avoiding similar O<sub>3</sub> concentrations require that observed epidemiological endpoints be caused by O<sub>3</sub> exposure
  - This causal nexus requires at a minimum that FEV<sub>1</sub> decrements be statistically significant

# Key Lessons About Measurement Error from Previous Spirometry Simulation

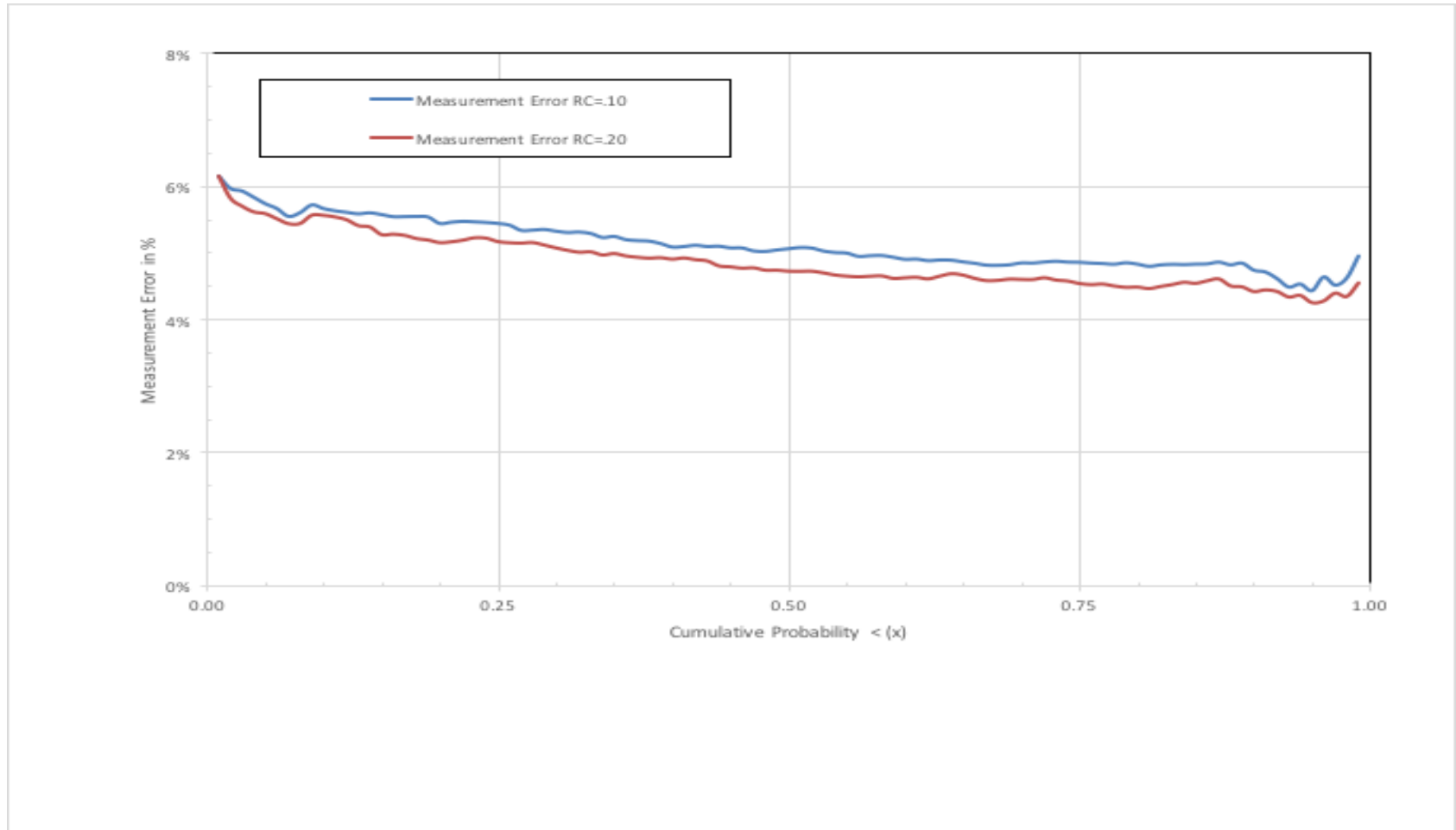
1. Neither inter- nor intra-test variability are accounted for in chamber studies or observational epidemiology used to define risk and estimate benefits
2. ATS\* protocol with repeatability criterion and early test termination
  - a. Designed for clinical application (not research)
  - b. Does not account at all for inter-test variability
  - c. Prevents collection of data needed to account for intra-test variability
  - d. Discards valid data containing intra-test variability
3. Choice of repeatability criterion has little effect on measurement error
4. Differences are incorrectly characterized as statistically significant

\*ATS=American Thoracic Society (1979, 1987, 1994)

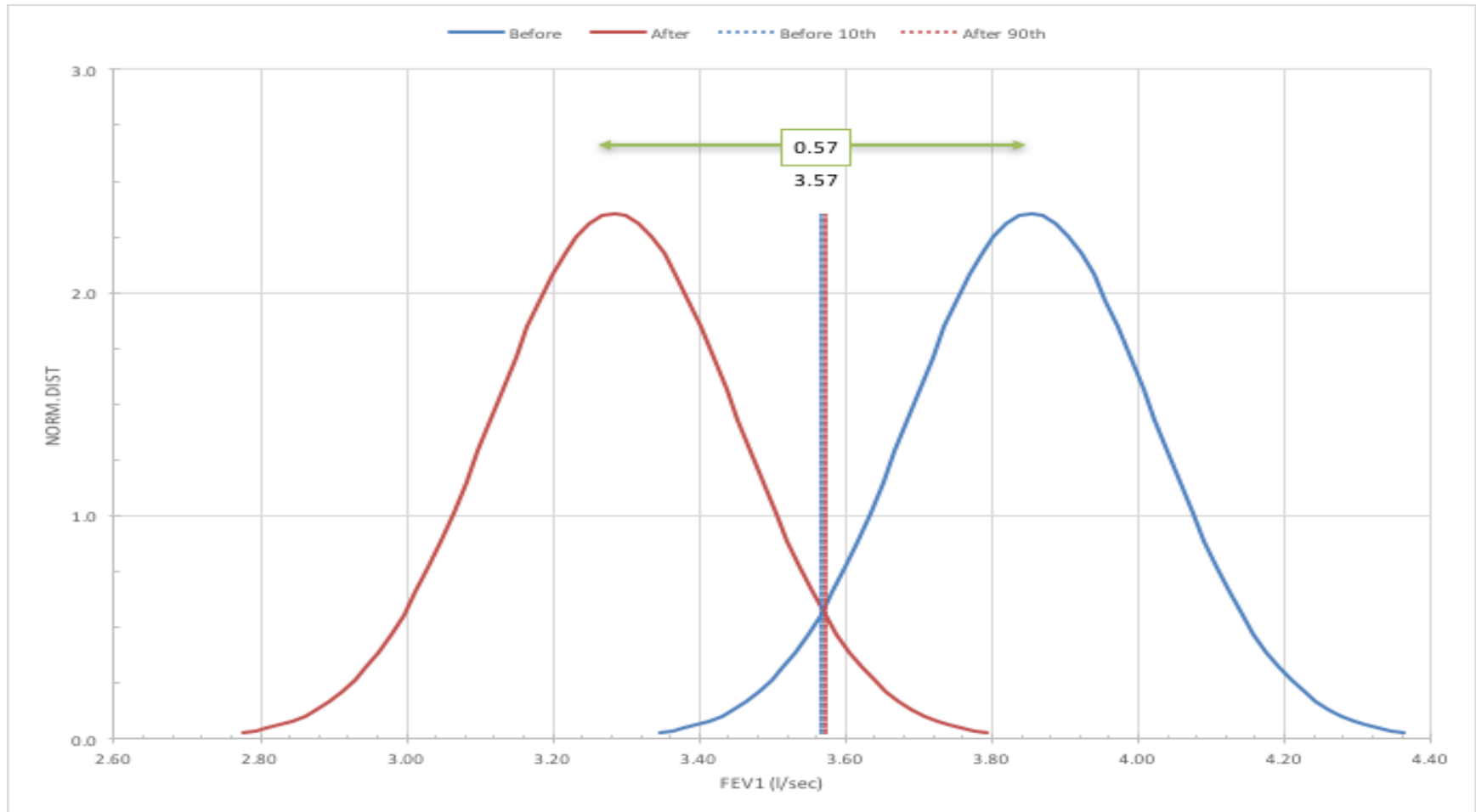
# Measurement Error for Range of ATS\* Reproducibility Criteria, l/sec



# Measurement Error for Range of ATS \* Reproducibility Criteria, %



# Reduction in FEV1 must $> 16\%$ to be statistically significant



# Are differences reported in a recent chamber study actually statistically significant?

Schelegle ES, Morales CA, Walby WF, Marion S, Allen RP. 6.6-hour inhalation of ozone concentrations from 60 to 87 parts per billion in healthy humans. *American Journal of Respiratory and Critical Care Medicine*. 2009;180(3):265-272.



Females and males are treated as if  
they are the same but are  
demonstrably different

# Paired differences are highly statistically significant, even in baseline

| FEV1 (L/sec)    |                  |                |                |                |                |                |
|-----------------|------------------|----------------|----------------|----------------|----------------|----------------|
| Statistic       | All              |                | Female Only    |                | Male Only      |                |
| <u>Scenario</u> | <u>5 Scens</u>   | <u>FA Scen</u> | <u>5 Scens</u> | <u>FA Scen</u> | <u>5 Scens</u> | <u>FA Scen</u> |
| Mean            | 3.90             | 3.94           | 3.32           | 3.20           | 4.51           | 4.59           |
| Std Dev         | .635             | .686           | .472           | .539           | .594           | .594           |
| CV              | .163             | .174           | .142           | .168           | .132           | .129           |
| T-test (p)      | <b>&lt; .001</b> |                | <b>.023</b>    |                | <b>.024</b>    |                |

FA Scen = Filtered Air scenario

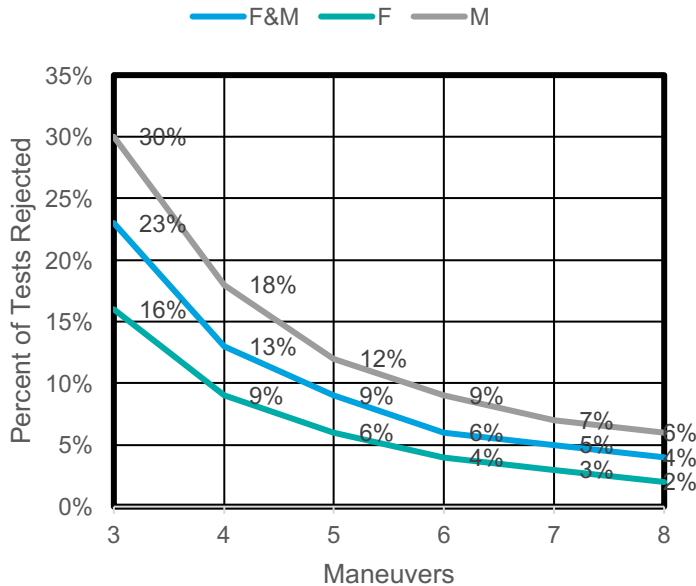
5 Scens = Filtered Air, 60 ppb, 70 ppb, 80 ppb and 87 ppb scenarios

t-test for equality of means in paired samples: significant differences in **bold** (p<.05)

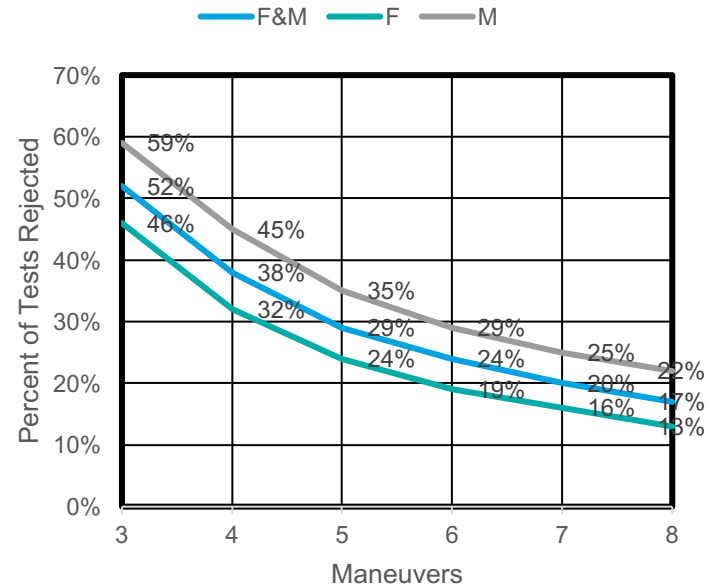
Published results are inconsistent with having followed the ATS protocol, and actual protocol followed cannot be discerned

# Repeatable FEV<sub>1</sub> cannot be obtained using 2-4 maneuvers

Not Repeatable ( $CV_m = 3\%$ )



Not Repeatable ( $CV_m = 6\%$ )



$CV_m$  = coefficient of variation across maneuvers within a single test.

Observed differences are uncertain;  
intra-test variability is ignored

# Use simulation to understand the effects of inter- and intra-test variability

- Variability can be represented by coefficients of variation across tests  $t$  ( $CV^t$ ) and maneuvers  $m$  ( $CV_m$ )
- Coefficient of variation for inter-test variability
  - Substantial literature with results ranging from 3-13%
- Coefficient of variation for intra-test variability
  - Virtually no literature estimating  $CV_m$
  - Repeatability criterion combined with early test termination deters collection of enough maneuver data to estimate it
- $CV^t = 0$  and  $CV_m = 0$  are implicitly assumed in air pollution studies
- Effects of  $CV^t$  and  $CV_m$  can be estimated through simulation

# Simulation

# Monte Carlo simulation model and parameters

## Model

- Single-test individual  $FEV_1$  is assumed to be normally distributed
- 10,000 tests simulated with 8 maneuvers per test, per ATS protocol

## Parameters

- Baseline  $CV^t$  is averaged from 5 scenarios (F: 3.3%, M: 2.7%)
- 70 ppb scenario  $CV^t$  averaged across 8 tests, 1 day (F: 3.6%, M: 2.8%)
- Default  $CV_m = CV^t$ , then  $CV_m$  is doubled in sensitivity analysis
  - Chamber study subjects were all physically fit and young
  - Any representative sample of the population, or sample of a subpopulation of interest (e.g., COPD, asthma), would have higher sample  $CV_m$



# Simulation methods

- Calculate difference between 70 ppb and Filtered Air scenarios, separately by sex and exposure duration, for hypothetical average subjects

## Questions to answer:

- What proportion of tests yield no repeatable maximum FEV<sub>1</sub> after \*M = 3?
- What is average measurement error resulting from the repeatability criterion with early termination after \*M = 3?
- How large are average test differences compared to average measurement error?

\*A minimum of 3 acceptable maneuvers is required per the American Thoracic Society testing protocol

# Lack of repeatability is substantial; what to do about it is unclear

| Percent of Maneuvers that are Not Repeatable After M = 3<br>(Average [SD] over 9 tests) |                     |               |                 |
|---|---------------------|---------------|-----------------|
| <u>Sex</u>  | <u>Filtered Air</u> | <u>70 ppb</u> | <u>Combined</u> |
| Female  | 21 [0.8]            | 20 [0.9]      | 64 [0.9]        |
| Male  | 25 [2.1]            | 24 [1.3]      | 56 [0.7]        |

CV<sup>t</sup>: F: 3.3%, M: 2.7% (from chamber study data)

CV<sub>m</sub>: F: 3.3%, M: 2.7% (default assumption)

# Estimated average measurement error is large relative to reported mean differences

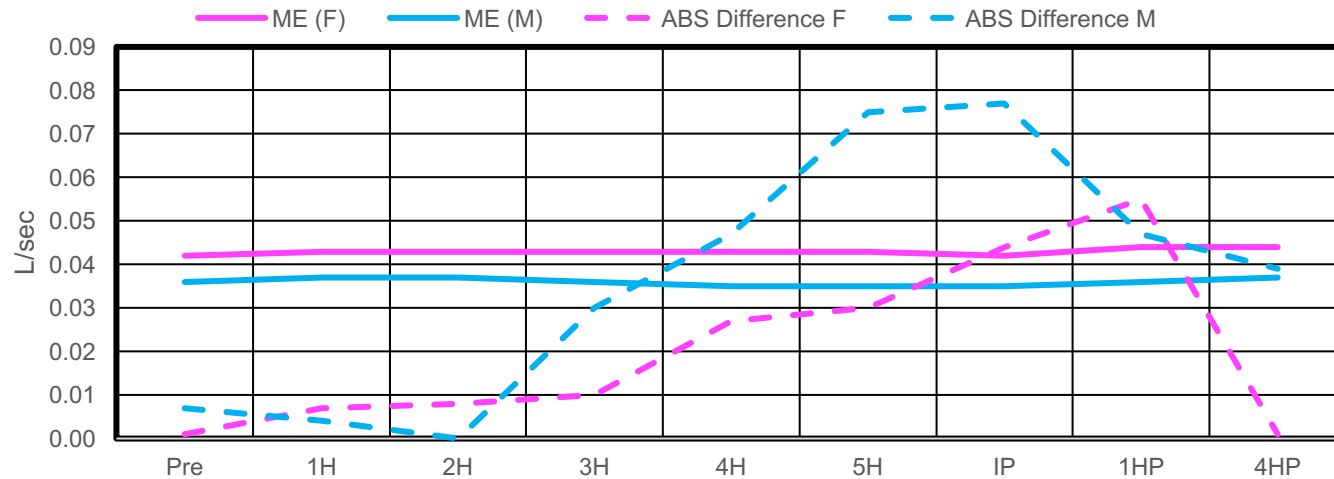
| Sex    | Reported Difference at 70 ppb<br>(% of baseline [SD], 8 tests) | Average Measurement Error<br>(% of baseline [SD], 8 tests) |
|--------|--|--|
| Female | -2.0 [2.0]   | 4.3 [0.1]  |
| Male   | -3.4 [3.2]   | 3.6 [0.1]  |

CV<sup>t</sup>: F: 3.3%, M: 2.7% (from chamber study data)

CV<sub>m</sub>: F: 3.3%, M: 2.7% (default assumption)

# Average differences rarely exceed measurement error

Average Differences and Measurement Error  
by Test and Sex



CV<sup>t</sup>: F: 3.3%, M: 2.7% (from chamber study data)

CV<sub>m</sub>: F: 3.3%, M: 2.7% (default assumption)

20

# Sensitivity analysis

# Estimated average measurement error is large relative to reported mean differences

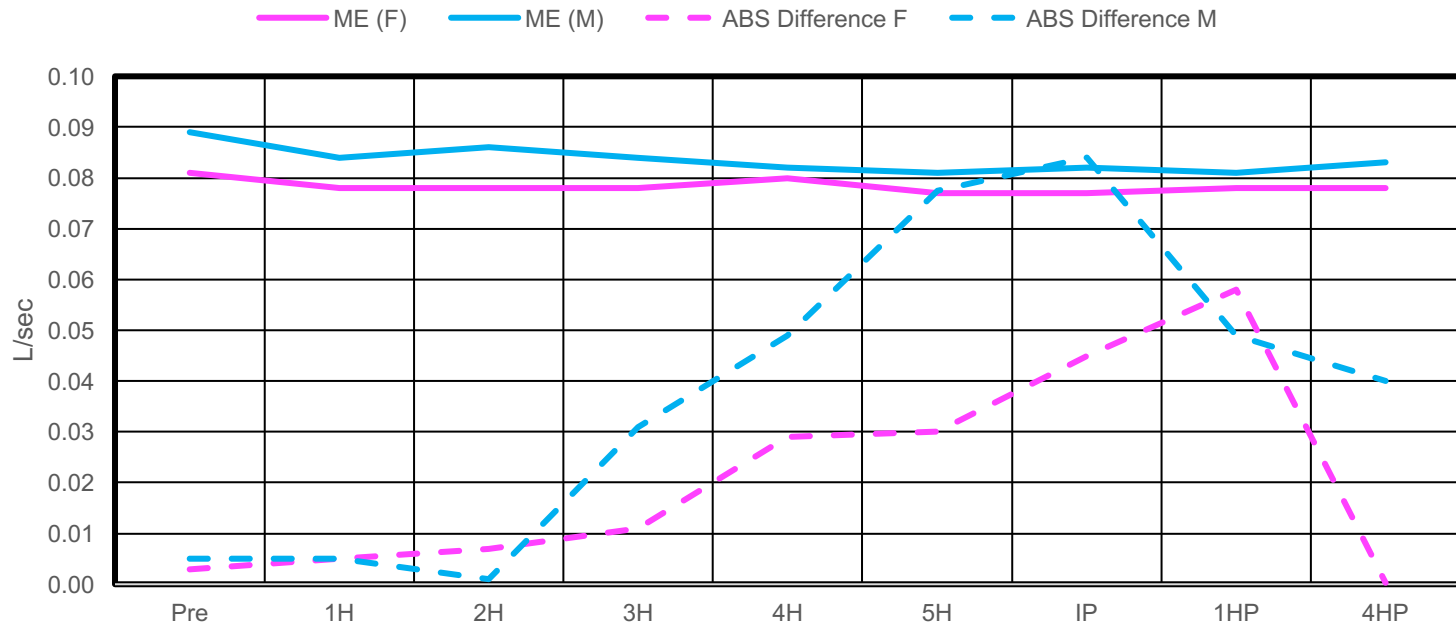
| Sex    | Reported Difference at 70 ppb<br>(% of baseline [SD], 9 tests) | Average Measurement Error<br>(% of baseline [SD], 9 tests) |
|--------|--|--|
| Female | -1.4 [2.6]   | 7.8 [0.1]  |
| Male   | -3.8 [3.1]   | 8.4 [0.3]  |

CV<sup>t</sup>: F: 3.3%, M: 2.7% (from chamber study data)

CV<sub>m</sub>: F: 6.6%, M: 5.4% (default assumption X 2)

# Sensitivity analysis: $CV_m = 2 \times CV^t$

Average Differences and Measurement Error  
by Test and Sex



CV<sup>t</sup>: F: 3.3%, M: 2.7% (from chamber study data)

CV<sub>m</sub>: F: 6.6%, M: 5.4% (default assumption X 2)

# Summary and next steps

- Results show effects of measurement error on hypothetical average subject, using both the average  $CV^t$  and 2 x the average  $CV^t$ 
  - For hypothetical average subjects, measurement error is  $\geq$  average  $FEV_1$  differences after exposure under the 70-ppb scenario
  - Differences are not statistically significant once measurement error resulting from inter- and intra-test variability are accounted for
- However, analyses only considered hypothetical average subject
- Refined analysis via simulations for all 31 subjects using each subject's own  $CV^t$  is next step
  - Determine which subjects (if any) show statistically significant effects
  - Test for statistical significance for the sample (recognizing that the sample is not representative in any case)



# References

- American Thoracic Society. (1979). ATS Statement-Snowbird Workshop on Standardization of Spirometry. *Am Rev Respir Dis* 119:831-838.
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Questions?